January 23, 2019 | If Culture Eats Strategy for Lunch, Burnout Eats Culture for Breakfast: New Evidence About the Contagion Effect of Burnout and Impact on Safety Culture  
Presented by Dr. J. Bryan Sexton

February 28, 2019 | The Funny Thing about Resilience: Evidence for Humor  
Presented by Dr. J. Bryan Sexton

March 27, 2019 | Improvement Readiness in Healthcare: Introducing a Metric that assesses the capacity within a work setting to start and sustain quality improvement efforts  
Presented by Dr. Carrie Adair

April 24, 2019 | Coping with Change and the Neuroscience of Hope  
Presented by Dr. J. Bryan Sexton

May 29, 2019 | Signature Strengths at Work  
Presented by Dr. J. Bryan Sexton

June 26, 2019 | Second Victim of Harm: Coping After Things Go Wrong  
Presented by Dr. J. Bryan Sexton

July 31, 2019 | The Surprisingly Robust Science of Self Compassion  
Presented by Dr. Carrie Adair

August 28, 2019 | Institutional Resources vs. Individual Resources as Solutions for Healthcare Worker Well-Being  
Presented by Dr. J. Bryan Sexton

September 25, 2019 | Overview of Team Training, Tools, Techniques and Integration into Existing Infrastructure  
Presented by Dr. Kyle Rehder & Dr. J. Bryan Sexton

October 30, 2019 | Absence of Burnout is not the same as Thriving: Moving from Deficit Metrics to Flourishing Metrics for Healthcare Workers  
Presented by Dr. J. Bryan Sexton

November 20, 2019 | Patient Safety Leadership WalkRounds: Links Safety Culture, Burnout and Workforce Well-Being  
Presented by Dr. J. Bryan Sexton

December 18, 2019 | The Pursuit of Happiness: Methods vs. Mythology  
Presented by Dr. J. Bryan Sexton